My graph is an example of how my workday goes while working my 8-hour shift at Walmart. At Walmart I stock the frozen area on third shift and in the graph, I will show what I do and go through while completing my night. While working our shift we sometimes throw some of our trash away before and we may do it after lunch. Also, two hours after lunch we have another break. Sometimes we may zone as we stock as well. After the cycle is over with zoning the next day, we do it all over again.

B – Break

L – Lunch

D – Down stack (Separate Boxes)

S - Stock

T – Throwaway Trash

Z – Zone

M – Meeting

O – Label Overstock